



CarNetNepal Newsletter

Oct/Nov, 2017-ISSUE 02



Children At Risk Being Holistically Restored

Simply Making a Difference...

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Message from Executive Director

**Dear Brothers and Sisters,
Greetings!**

I am happy to serve CarNetNepal Bimonthly Newsletter 2nd issue. We are glad to get so much love and positive response for the 1st issue of our Newsletter. Last October and November, we felt immense blessings of God in our ministry to children. We take this opportunity to share our blessings with you.

This edition focuses on WASH, Protection, Education and Sustainable livelihood programs and celebrate the progress made so far. During these months we were able to reach hundreds of children with 'Hygiene, Sanitation and Menstruation Management' programs and 304 church members with 'Disaster Risk Management' programmes in Nuwakot. To protect the children from the possible risk of school dropout, we were able to distribute educational stationaries to the 95 poor and vulnerable student's and selected them under the scholarship programme. To empower and mobilize the children in Child Right advocacy programme, we have formed four new Child Clubs in Nuwakot.

In November, we have started 3 months tailoring training to the 10 poor, vulnerable and marginalized women of Shikherbesi, Nuwakot. Through this training we are aiming to provide technical skills to these women for their income generation and protecting them from possible risk of trafficking.

As you read this edition I hope you will feel as encouraged as I do by the progress made so far and would like to urge you all to stand along with us for the holistic restoration of Children at Risk. Remember us in your prayers and please leave your highly valuable feedback and suggestion regarding CarNetNepal activities, newsletter content, presentation & layout designing in our info@carnet.org.np.

Much love,

A handwritten signature in black ink, appearing to be 'Bhabindra Rai', written in a cursive style.

Bhabindra Rai
Executive Director
CarNetNepal

Distribution of stationery to children in Nuwakot

On November 9 and 10, CarNetNepal has distributed school stationeries to 95 children's (89 Girls and 6 Boys) of Nuwakot. These children's are from poor economic, vulnerable and marginalized communities of Nuwkaot. 39 students from Bachhala Secondary School, 8 students from Sagar Kunda Primary School, 2 students from Shikharbesi Primary School, 26 students from Mangaladevi Lower Secondary School and 20 students from Kalika Secondary School have received stationery supplies such as pen, pencil and notebooks from CarNetNepal.



Mangaladevi School student's with their stationery materials.

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Empowering Shikharbesi Women *by Tailoring Training*

CarNetNepal has started 3 months tailoring training for the women of Shikharbesi, Nuwakot from 17th November, 2017. 10 women from Dalit (so called lower caste), poor, vulnerable and marginalized community of Shikherbesi are selected for the programme. The training is running in 'Prabidhik Tatha Byabasayik (Technical and Business) Training Center', Dhunge, Nuwakot. The training aims to provide the women skills to generate their own income and empower them to protect themselves from possible risk of trafficking. According to Ms. Chameli Sunuwar, tailoring Trainer, "After the completion of the training they are able to run their own tailoring shop in their home town or work as an assistant trainer in any tailoring institute."



Trainee women with their trainer Chameli Sunuwar in tailoring class.

NEWS

Four Child Club Formation



- Ganesh Child Club students with their school teachers.

In October, CarNetNepal has formed four new Child Clubs in Suryagadi-4, Nuwakot. Shree Kundala Child Club with 15 members (Boys: 5, Girls: 10), Saptakanya Child Club with 11 members (Boys: 4, Girls: 6), Ganesh Child Club with 15 members (Boys: 7, Girls: 8) and Kalika Child Club with 15 members (Boys: 5, Girls: 10). These Child Clubs are trained and mobilizing to bring social awareness on child rights, child abuse, exploitation and trafficking in their schools and communities.

from page 4

....*Distribution of stationery*

...this program mainly focused on to promote girl education and to protect girl child from the vulnerability of being trafficked, exploitation and early marriage. Kamal Bahadur Lamichhane, Assistant Headmaster of Mangaladevi Lower Secondary School said, "We have past records of our girl children being drop out from the school in absence of educational materials and later have done early marriage. This kind of support to the our girls has encouraged them to pursue their study seriously and helping them from situation of vulnerability." CarNetNepal is planning to distribute bags and school uniforms to these children in December and other educational supports in future.



Kamal Bahadur Lamichhane, Assistant Headmaster of Mangaladevi Lower Secondary School- Kuwapani, distributing stationeries to the students.

CHILD CLUB

is
to bring
social
awareness
on child
rights,
child abuse,
exploitation
&
trafficking.

Planning Workshop & GTBT Training for Child Clubs

On 11 November, CarNetNepal has organized a planning workshop and Good Touch Bad Touch (GTBT) training to the members of Kalika Child Club and Ganesh Child Club. 37 students (23 girls and 14 boys) and 5 teachers have participated in the workshop and training. The workshop and training were facilitated by Ishwori Senchuri- Project Assistant of Bethany Vision Nepal.

During the first session of the training Senchuri taught the Child Club members about the importance of planning to run Child Club activities smoothly and facilitates them to prepare the monthly activities of Child Clubs. Khem Timalisina- Teacher of Shree Ganesh Secondary School says, “This kind of workshop and training are organized for the first time in our school. I have gone through our Child Club planning activities and I am really impressed by the kind of activities they plan to implement in coming month. They are planning to organize a cleaning program in school, good drinking water facility and many more. This kind of activities made me more responsible and will encourage our other children for the social activities.”

In the second session she taught the Child Club members about child sexual abuse through GTBT toolkit demonstration. The toolkit carries a story of children’s, who experienced physical and sexual abuse and the way they protected themselves from the abuser. “Through the demonstration of GTBT flipchart, we have easily understand which good touch is and which bad touch is. I understand that I am important, to get protection is my right, I can get help and I have right to my body. I am able to punish the abusers with the help of the person I trusted more or if I call in free child helpline no. 1098” says Amrit Thapa- Chairperson of Ganesh Child Club- Grade 9 student.

“Children’s are motivated to bring positive changes in their school through Child Club activities and are committed to aware GTBT to their other friends as well.” Says Senchuri.



Kalika Child Club members with the facilitator Ishwori Senchuri.

IMPACT STORIES

'Reshaping Smriti Life through CLC'



Smriti Aryal



Smriti is doing her homework with her friends in CLC.

Seven- years-old Smriti Aryal is from Makwanpur District. She is now living with her maternal Grandparents in Bidur-06, Nuwakot. Grade one student of Shree Chwadi Secondary School, Smriti family depends on traditional agricultural farming. Due to her family poor economic condition her mother left her under the care of her grandparents.

Smriti grandparents are very old and uneducated. They live separately from their children and occasionally get support from their son Bhoj Bahadur Adhikari. "We are happy to send our granddaughter to the school but it is very difficult for us to support her with educational materials. Sometime our son Bhoj help us with money for her study but that is not enough." Says Smriti Grandfather.

Smriti Uncle Bhoj is one of the committee member of New Vision Child Learning Center (CLC) run by CarNetNepal in partnership with New Vision Church in Bidur, Nuwakot. He convince his parents to send Smriti to the CLC, as it is supporting poor and vulnerable children for their education. "I told my parents to send my niece to CLC. I convinced them, after sending her in CLC, she will get educational material support, free tuition and one time meal in the evening. This will help to lessen their worries for her study and help my niece to be regular in school."

Says Adhikari.

Now Smriti is a student of New Vision CLC. She comes to the CLC regularly. "In the initial time of her CLC, she used to stay quiet and show less interest in her studies. She used to sleep during the class and did not finish her homework. Her school teacher used to complain her grandparents for her lazy behavior. But slowly Smriti started to play with other fellow CLC students and started the habit to study with them. Under the care and guidance of the CLC teacher she is doing really well in her study" Says Ram Singh Tamang, New Vision CLC- Chairperson.

In partnership with local churches CarNetNepal is running four CLC's in Nuwakot. Total 85 children are enrolled in these CLCs. Through CLC's, CarNetNepal is providing educational materials, free tuitions and one time meal to the children from poor economic background and marginalized communities, to protect their right to education and discouraging school dropout rate.

IMPACT STORIES

“Hygiene My Priority” Soniya Tamang



Soniya Tamang

Haldekalika village, located in Suryagadi Rural Municipality-4, Nuwakot is one of the affected area of April 25, 2015 massive Nepal earthquake. Earthquake had done massive destruction to the houses, latrines, water systems, schools and other infrastructure of Haldekalika village. After earthquake, Haldekalika people were forced to live in temporary shelters, drink impure water and the children were compelled to attend their schools in a temporary cottage house. Due to this most of the children and community members of Haldekalika were suffered from water borne and communicable diseases during earthquake period. Still, in absence of proper knowledge on the importance of hygiene and sanitation, Haldekalika community people are suffering from communicable diseases.

To address this issue and aware the children and other community members of Haldekalika, CarNetNepal is organizing different hygiene and sanitation training programmes in

Suryagadi Rural Municipality-4. On 11 October, CarNetNepal in partnership with Samaritan's Purse Nepal has organized a one day training programme on 'School Sanitation, Hygiene and Menstrual Hygiene Management' to the 51 (Male: 23 and Female: 28) students of Shree Saptakanya Primary School, Suryagadi-4, Haldekalika. During the training students were taught on 6 steps of handwashing, balanced diet, safe disposal of human excreta, menstrual hygiene maintenance etc through power point presentation and videos.

Twelve-years-old, Soniya Tamang is one of the participant of the training. She lives in Haldekalika with her family. In absence of proper knowledge on hygiene and sanitation, her family also suffer from communicable disease time and again. “We have taught about basic hygiene and sanitation behavior by our teachers but I have never taken them seriously. In fact before this training I did not know the proper way to use those sanitary kits available in our community. The practical session, videos and pictures shown during the training helps me to understand the proper way to use the hygiene kits and the importance of following hygienic behavior” says Soniya.

Grade-five-student, Soniya is committed to share her learnings to her family and friends, so they could be able to fight back against communicable diseases and create a safe environment in their community. CarNetNepal have distributed hygiene kits (menstrual sanitary pad, tooth paste, tooth brush and soap) to all the students presented in the training.

IMPACT STORIES

'Rays of Hope for Manisha'

14-years-old, Manisha Sunar from Suryagadi Rural Municipality, ward- 4, Kuwapani is from a Dalit (So called lower caste) community. Her community is considered the vulnerable and poor community of Nuwakot. 3 years back her father has died. She is living with her mother and sister. The April 25, 2015 massive earthquake has destroyed their home. From then she is living in a temporary shelter. Due to their poor economic condition her family has not yet started the rebuilding of their home. The Sunar family does not have enough land to produce food for them for a whole year.



Manisha with CarNetNepal Scholar Assistant Sarah Tamang during the stationary materials distribution programme in Kalika Secondary School.

The production is sufficient for them only for a few months. Manisha's mother often fall sick and can't work much due to the ovarian problem. Her elder sister works in the capital city Kathmandu as a dish washer in party palaces and her income is not enough to take care all the needs of her family. "Due to my family poor economic condition, my elder sister left the school in grade 5 and went to Kathmandu to work as a dish washer in hotels and party palaces" says Manisha. Shree Kalika Secondary School, Kuwapani, grade- eight- student, Manisha has always faced the scarcity of educational materials. She remembers how her mother borrow money from the neighbors to buy the educational materials for her and the difficulty to pay them back. In November, under the 'Girl Scholarship' program, CarNetNepal provided her with stationary materials like: pen, copy, pencil etc. She is among the 20 students from her school, whom CarNetNepal has chosen for the scholarship program.



Manisha Sunar

"I am happy to receive the stationaries. I am in much need of them. I don't want to end up with the same fate as my sister have. I would like to complete my higher education."

"I am happy to receive the stationaries. I am in much need of them. I don't want to end up with the same fate as my sister have. I would like to complete my higher education. These stationaries encourage me to study even harder from now onwards and If I get this kind of support, I will be able to complete my study and able to achieve my goal of becoming a teacher in future." Says Manisha. CarNetNepal came to know about Manisha through her school teachers. CarNetNepal has given the responsibility of selecting needy girls for the scholarship program to the teachers of the schools. We believe that CarNetNepal tiny support will be a great help for such needy students to achieve their goals.

Creating Child Friendly Environment in Home

35 years old, Indira Khatiwada is a residence of Tindhare, Nuwakot. She has two daughters and a son. Her husband works in gulf country as a labor. Her husband does not earn much. Due to their poor economic condition Indira has admitted her daughters Anuska Khatiwada (age 8) and Anjali Khatiwad (age-10) in government school. Anuska study in grade 2 and Anjali in grade 5. Her son (age 3) is younger in the family and stays with her in home.



Both Anuska and Anjali are the students of Nuwakot AG Child Learning Center (CLC). Nuwakot AG CLC is running in Nuwakot by CarNetNepal in partnership with Nuwakot AG Church. “I heard from my friends that Nuwakot AG CLC is supporting poor children with educational materials and running free tuitions. As I was facing problem to support my daughters for their studies, I started to send them to the CLC” Says Indira.

In October 16, CarNetNepal has organized a ‘Parenting’ training in Nuwakto AG CLC for the CLC student’s parents. Indira is one of the trainee parents. During the training the participants were taught on creating child friendly environment in home, children right to education, hygiene and sanitation. The training encourage parents to send their children regularly inschools to minimize the possible risk of trafficking and vulnerability.

“I used to scold my children and sometime punished them if they don't complete their homework or if they don't obey my rules. I never think to go to my daughter's school and talk with their teachers about their progress in studies. The training made me realized how wrong I was for not taking my children study seriously. After the training I started to control my anger and give up my habit of punishing my children, instead if they do anything wrong I sit with them and make them realize where they are wrong and show them the right way to correct their mistake. ” says Indira.

Indira is on her way to creating a child friendly space in her home. Now as much as possible, Indira love to spend time with her children and listen their day activities. She realizes that without giving punishment also she could put her children into the right path and can become their friends, whom they could share their secrets. Indira is planning to visit her daughter's school and get update about her daughter's studies soon.

“I am grateful to CarNetNepal and Nuwakot AG CLC, who made me realize the importance of child friendly environment in home for the holistic development of my children. I am committed to create one” says Indira.

TRAINING & DEVELOPMENT

'PARENTING' TRAINING

to the Parents of Child Learning Centres



In October 15, 16 & 17, CarNetNepal have organized one day 'Parenting' training to the parents of three different Child Learning Centres' (CLC) of Nuwakot. 42 parents (Male: 13 & Female: 29) from Nuwakot AG CLC, Nabin CLC and Jyoti CLC have received the training on 'Child Friendly Environment', 'Child Right to Education' and 'Hygiene and Sanitation'. Sanu Maya Tamang- CarNetNepal Community Mobilizer and Ram Prasad Pudasaini- Pastor of Pipaltar AG Church, Nuwakot have facilitated the training.

The training aims to create child friendly environment in the homes of the CLC students, enhancing parent's knowledge on the importance of education and encourage them to send their children regularly in schools to minimize the possible risk of vulnerability. 35-year-old, Indira Khatiwada, one of the trainee parent said that the training help her to understand the importance of sending her two daughters to the school and nurture them properly to protect them from possible risk of trafficking and abuses. She is committed to support her children for the education in every possible way for their better future. Her two daughters Anuska and Anjali are enrolled in Nuwakot AG CLC.

In partnership with the local churches CarNetNepal is running four CLC's in Nuwakot. Total 85 children from poor, vulnerable and marginalized community are enrolled in CLCs. CarNetNepal is providing basic stationaries, school uniforms, free tuitions and one time food to the CLC children. CLC aims to encourage child education in the community and decrease school dropout rate.

TRAINING & DEVELOPMENT

NUWAKOT

211

Church members

94 Male & 117 Female

Tadi RM, Dupcheshowr RM, Suryagadi RM & Bidur Municipality

of Nuwakot trained on

Disaster Risk Management

169

students

78 boys & 98 girls

from Dudhe Devi Lower

Secondary School Lachyang, Nuwakot were trained

on **School Sanitation, Hygiene & Menstruation Hygiene Management.**

63

students

28 boys & 35 girls

from Bipi Smriti Primary School, Suryagadi-2, Nuwakot were trained on

School Sanitation, Hygiene & Menstruation Hygiene Management.

160
students

33 boys & 127 girls

from Binayak Secondary School Phalate, Nuwakot were trained on

School Sanitation, Hygiene & Menstruation Hygiene Management

37

students

14 boys & 23 girl and 5 teachers of Kalika Child Club & Ganesh Child Club were trained on

Good Touch Bad Touch

76

students

40 boys & 36 girls

from Lachyang Primary School- Lachyang, were trained

School Sanitation, Hygiene & Menstruation Hygiene Management.

160

students

72 boys & 88 girls from Shree Ganesh

Secondary School, Suryagadi,

Haldekalika-3 were trained on

School, Sanitation, Hygiene & Menstruation Hygiene Management

93

members

32 male & 61 female

from Bethsalom Church, Koinonia Satbise Church & Nabin Church were trained on

Disaster Risk Management.

103

students

43 boys & 60 girls

Janasakti & Saptakanya Primary School, Surya Gadi Rural Municipality-1 & 4, were trained on

School Hygiene and Sanitation.

42

parents

male: 13 & female:29 of three different Child Learning Center were trained on 'Parenting' training.

Hello and Welcome

OUR NEW STAFF



Sanu Maya Tamang
Social Mobilizer
Cluster Nuwakot



Sarita Ghatani
Office Janitor
Head Office



Yakub Tamang
Social Mobilizer
Cluster Nuwakot

Wish you

the blessed, joyful and a prosperous

New Year 2018

May the Lord Bless you Abundantly.

Thank you for your kind support, prayers and best wishes.

- CarNetNepal Family



WE LOVE
WE SERVE
WE CARE



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