



CarNetNepal NEWSLETTER

Feb-March 2018-ISSUE 04



Children At Risk Being Holistically Restored

Simply Making a Difference...

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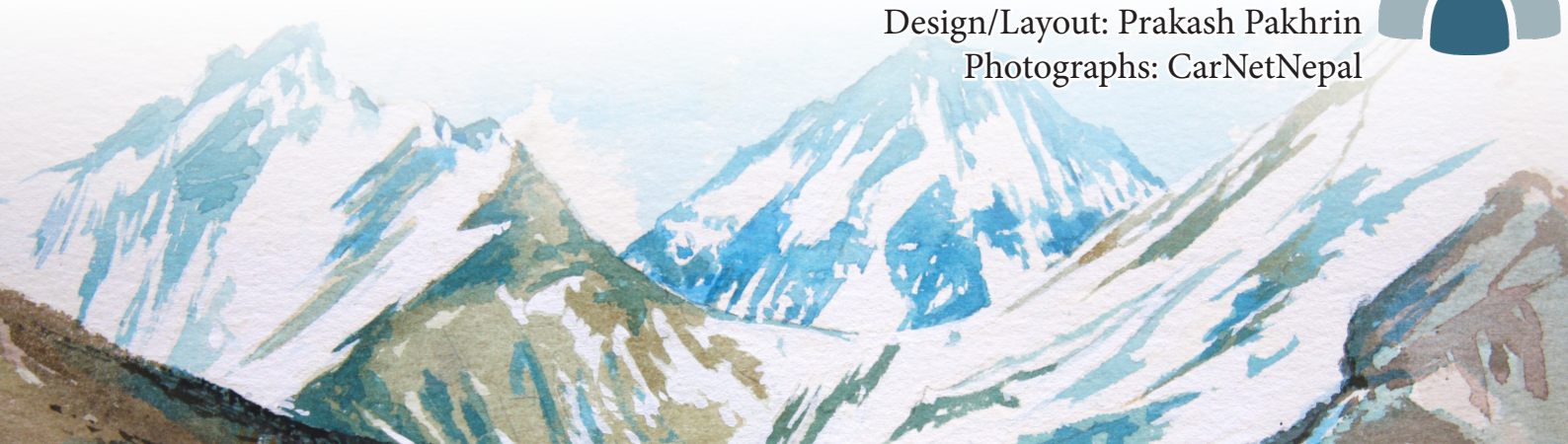


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Message from Executive Director



Dear Brothers and Sisters,
Greetings!

I am happy to serve CarNetNepal Bimonthly Newsletter's 4th issue. We feel immense pleasure every time when we get this opportunity to share our work for Children and how God is pouring so much blessings on our joint effort to restore the children at risk.

This edition focused on Child Protection, Education, Women/ Girl's Empowerment and Sustainable livelihood programmes and celebrate the progress made so far. During these months we are able to reach hundreds of children's and adults with Child Protection programmes, such as Child physical & sexual awareness training, Anti- child trafficking awareness programme etc. We are able to equip our 37 networking partners from Kathmandu in developing Child Protection Code of Conduct in their own organization and Church.

We are so happy, when our 10 girls & women from Shikharbesi—7, Nuwakot got graduated from their 3 months long tailoring course. These girls and women, whom the local government of Shikharbesi have recommended to CarNetNepal, finding them vulnerable of trafficking due to their poor economic, unskilled and uneducated background, are now able to run their own tailoring shop in their villages and can earn their own money.

Under the sustainable livelihood program we are able to provide various agricultural and livestock farming related trainings to the people of Nuwakot, who are economically backward and marginalized. To empower and mobilize the children in Child Right advocacy program, we have formed two more new Child Club in Tadi Rural Municipality of Nuwakot. To encourage the poor, marginalized family children for their education, we are continuously running after school tuition programme i.e. Child Learning Center for our 85 children in Nuwakot. There are many more things we achieved these months and the list goes on and on.

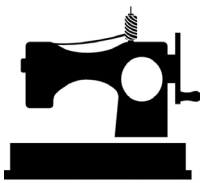
As you read this edition I hope you will feel as encouraged as I do by the progress made so far and would like to urge you all to stand along with us for the holistic restoration of Children at Risk. Remember us in your prayers and please leave your highly valuable feedback and suggestion regarding CarNetNepal activities and newsletter content, presentation, layout designing in our info@carnet.org.np.

Much love,



Bhabindra Rai
Executive Director
CarNetNepal

NEWS



Tailoring Graduation Ceremony

A graduation ceremony was held at 'Technical and Business Training Center', Dhunge, Nuwakot, on 9th of February between 10 girls and women from Shikherbesi, after completing 3 months of tailoring course.

CarNetNepal run the tailoring training from November, 2017 to January, 2018. Girls and women from poor economic background and marginalized community of Shikherbesi, Nuwakot were selected for the training. Shikherbesi is supposedly one of the vulnerable area of human trafficking in Nuwakot. The local government officials and community people keeping these girls and women vulnerable of trafficking in mind, have recommended... Continue on page 5



CarNetNepal Cluster Manager Purushottam Dotel with Bimala Subedi (Former Cabinet Member) is distributing tailoring machine to the graduates.

SEASONAL VEGETABLE SEEDS & SPRAYER PUMPS DISTRIBUTION

On 5th of February, CarNetNepal has distributed seasonal vegetable seeds and sprayer pumps to 22 women of Dhupcheshowr Rural Municipality, Shikherbesi-7, Nuwakot.

Last December, these women were trained on vegetable farming for sustainable livelihood by CarNetNepal. Poor economy, marginalized, trafficking vulnerable and earthquake affected women are selected with the recommendation from local government officials and Tamang Society Youth Club of Shikherbesi-7, for the program.

Bhesh Bahadur Sitaula- Village Development Committee Chairperson of Shikharbesi-7 has distributed one Sprayer pump and 5 different vegetable seeds packet to each participants. Seeds of various vegetables such as cucumber, local pumpkin, long beans, beans, mustered, local tomato, radish, cauliflower, chilly, cabbage etc. are distributed in the program

"Tamang (indigenous) people of hill side of Shikharbesi are struggling for sufficient foods

and green vegetables for whole year because of less productive land, lack of knowledge on multi crops system, kitchen gardening and modern crops production. Lack of insufficient food leads to vulnerable of trafficking and child protection. I hope this program will help the locals to increase their productions and have sufficient food to consume." Says



Bhesh Bahadur Sitaula- VDC Chairperson of Shikherbesi-7 distributing seasonal vegetable seeds and sprayer pump to the participants.

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Sitaula. CarNetNepal is promoting sustainable livelihood through income generation activities from vegetable farming among the locals of Shikherbesi.



Shikherbesi-7 women with vegetable seeds and sprayer pump.

Tailoring Graduation Ceremony...

...their name for the training to CarNetNepal. "The training aims to provide technical skills to the trainee girls and women, so they could involve in their own income generation activities and keeping them away from the unsafe migration." Says Purushottam Dotel- Cluster Manager, CarNetNepal. According to Ms. Chameli Sunuwar- tailoring training Trainer "Now these girls and women are able to run their own tailoring shop in their villages or could work as an assistant trainer in any tailoring institute." On the occasion of the graduation ceremony, Chief- Guest of the program, Bimala Subedi- Former CabineMember distributed certificates and sewing machine to each trainee and encourage them to put their learnings into practices.



Tailoring training graduates with their certificates and sewing machines.

CarNetNepal Social Mobilizer Yakoub Tamang (in blue tshirt) handing over the educational materials to Ralukadevi Child Club Members.



Materials Support to the Child Club & Schools

In February, CarNetNepal has supported Ralukadevi Child Club, Shree Ralukadevi Secondary School and Chilaune Gaun Lower Secondary School of Tadi Rural Municipality, Nuwakot with educational materials.

CarNetNepal has provided atlas, dictionaries, global map and Nepal map to set up the library of Ralukadevi School. Sports Material like football, volleyball, skipping and badminton are supported to the Ralukadevi Child Club. With the recommendation from the community people of Tadi, CarNetNepal supported stationary items pen-300 pcs, pencil- 300 pcs and note-books- 500 pcs to Chilaune Gau Lower Secondary School.

The purpose of this support is to encourage extra activities in schools and to help the needy students to have access to educational materials. Many studies have shown, in absence of basic stationary items, many students drop out from school in their early age.



News

Child Club Re-Formation



In February, CarNetNepal has re-formed two Child Clubs in Tadi Rural Municipality, Nuwakot; Shree Ralukadevi Child Club with 16 members (Boys: 8, Girls: 8) and Shree Sundara Child Club with 20 members (Boys: 9, Girls: 11). According to the members of the Child Clubs, before the intervention of CarNetNepal both the Child Clubs were in existence but in the verge of close down, as they have not been trained and monitored by the organization who have formed them before.

After the reformation CarNetNepal have provided orientation classes on Child Club activities to the Child Club Members and assisted them in making their monthly action plan. CarNetNepal is providing these Child Clubs with training on Child Protection issues such as Child Right, Child Abuse, and Child Trafficking. The Child Clubs are now actively involving themselves in bringing social awareness on Child Physical and Sexual Abuse and other Child Protection issues in their schools and soon planning to intervene in their community as well.



Ralukadevi Child Club Members.

Ralukadevi Child Club Conducted Six Child Protection Awareness Programme

In March, Ralukadevi Child Club has conducted six 'Child Protection' awareness programme in Shree Ralukadevi Secondary School of Tadi Rural Municipality, Ralukadevi-2, Nuwakot. The Child Club has conducted the programmes between grade 4-9 students. Total 204 students (Girls: 104 and Boys: 100) were presented in the programme.

During the programme the students were especially aware on Child physical and sexual abuse through the use of Good Touch Bad Touch (GTBT) awareness toolkit and on child trafficking with the use of SANI anti-human trafficking awareness toolkit. Students were also taught on how to protect themselves from such kind of situations, the possible abusers and traffickers as well.

"We are able to teach what we have learned about child protection from CarNetNepal to our classmates and other students of our school. We are hoping to prevent the possible risk of abuse and trafficking and are trying to create a safe environment in our school with this programme" says 13- years-old Prasansa Adhikari President of Ralukadevi Child Club.



GTBT Flipchart shown by the Ralukadevi Child Club members to the Ralukadevi school students to raise awareness on physical and sexual abuse.



Students are playing game with the facilitator Ishwori Senchuri during the training on Child Protection in Ralukadevi School.

News

LCCHT, VCPC & RIC Formation in Nuwakot

CarNetNepal is working on Child Protection in Tadi Rural Municipality, Ralukadevi-2, Nuwakot since January, 2018. Ralukadevi is considered one of the vulnerable area of human trafficking in Nuwakot. To prevent human trafficking, CarNetNepal is running various anti-human trafficking activities in Ralukadevi. In continuation of it, in February, CarNetNepal and the District Children Welfare Board (DCWB) of Nuwakot have formed Local Coordination Committee for Human Trafficking (LCCHT), Village of Children Protection Committee (VCPC) and Rural Information Center (RIC) in Ralukadevi, Nuwakot.

LCCHT is formed with 9 members (6 female and 3 male), VCPC is also with 9 members (4 female and 5 male) and RIC with 4 members (2 female and 2 male). Jeevam Pudasaini- DCWB- Officer has provided orientation on the roles and responsibilities of LCCHT, VCPC and RIC to the members of all these committees. Pudasaini assisted them in making their action plan and further provided training on coordination, monitoring and networking part.

LCCHT is supposed to handle the human trafficking activities and cases of Ralukadevi in coordination with the



During the formation of LCCHT, VCPC and RIC.

government officials. The VCPC is to take care of Child Protection activities and RIC is there to provide counselling on human trafficking and safe migration to the visitors, especially those who are planning for unsafe migration to foreign lands or within Nepal.

In March, CarNetNepal have supported the LCCHT, VCPC and RIC with the furniture materials; office table, plastic chair, stand fan, steel cupboard and carpet to set up their offices.



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Hope is Rising Again says Prasansa

In partnership with Tearfund Nepal, CarNetNepal is working on Child Protection in Uleni and Ralukadevi of Tadi Rural Municipality (Nuwakot). To address the child protection issue between children and community people effectively, CarNetNepal has planned to form Child Clubs in these areas. During the project implementation in January, 2018, CarNetNepal has reformed one Child Club in Ralukadevi. It is named Ralukadevi Child Club. Students of Shree Ralukadevi Secondary School are the members of this Child Club.

13- years-old Prasansa Adhikari is the President of Ralukadevi Child Club. She is a grade 8 student. Prasansa has 6 members in her family including Grandparents, parents, one elder brother and herself. Prasansa's father has his own shop and her mother is working at homeopathic center in Ralukadevi,

Nuwakot.

According to Prasansa, "Before the intervention of CarNetNepal, Ralukadevi Child Club was in existence but not in a working condition. The Child Club was in the verge of closed down. Members of the Child Club were untrained in Child Rights and their duties, Child Protection, Child physical and sexual abuse etc. The organization who have formed this Child Club never come back after its formation. Due to all these things the Child Club members were demotivated to run the Child Club further more."

Before the reformation, Prasansa was kept in the Child Club as a Secretary but never get the opportunity to have orientation on her duties as a Secretary. "Without proper knowledge on my role and responsibility, I was not able to perform my duties in the club. Without proper guidance we are unable

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to decide what we are going to do in our school and community. We do not have resource to perform any task nor facilitation on how to do them. Slowly we lost our interest in the club and then onwards our club exist only in name.” Says Prasansa.

In January, CarNetNepal has reformed the Child Club and appoint Prasansa as a Child Club president. She is active and have passion to learn and work for her school and community development. After the reformation, CarNetNepal has provide orientation on Child Club function, role and responsibility, facilitate them to develop child club action plan, which includes school surrounding cleaning, library maintenance, drinking water arrangement, organize extra curriculum activities etc. and provided them training on Child Rights, Child Protection as well.

According to Prasansa, they are teaching what they have learned from CarNetNepal to their other classmates and students of their schools. Till March, they are able to reach 204 student with Good Touch Bad Touch toolkit, which train anyone on child sexual and physical abuse and the ways to protect oneself from such kind of situations. “We are never as active as we are today as a Child Club. We are able to do the task according to our action plan. Besides conducting the awareness program, we clean our school surrounding once a week, promote safe drinking



Prasansa Adhikari (second one from right) with facilitator Ishwori Senchuri and other Ralukadevi Child Club members.

water, organizing extra curriculum activities. Soon we are organizing quiz contest as a part of extra curriculum activities in our school.” Says Prasansa.

Prasansa is happy to see such positive changes in the child club and hope for the same in the coming days too. She is delighted to get facilitation from CarNetNepal to organize child club activities. “Now I can see the future of our child club. With the growth of our child club my hope is rising again. I believe with the support and proper guidance from CarNetNepal, our school management and community members, we are able to excel our child club.” Says Prasansa.

Kiran Journey from Introvert to Extrovert



Kiran Tamang presenting GTBT flipchart in front of his classmates during Child Sexual and Physical awareness program.

CarNetNepal is working on Child Protection in Umleni and Ralukadevi of Tadi Rural Municipality (Nuwakot). During the project implementation CarNetNepal has formed one Child Club in Ralukadevi. It is named Shree Ralukadevi Child Club. Students of Shree Ralukadevi Secondary School are the members of this Child Club. In March, Shree Ralukadevi Child Club has provided awareness on child physical and sexual abuse to 204 (Girls: 104 & Boys: 100) students of grade 4-9 of Shree Ralukadevi School.

14-year-old Kiran Tamang is the Secretary of Ralukadevi Child Club. He is the student of grade 8 in Shree Ralukadevi School. Kiran lives with his parents and four other siblings in Chilaune Gaun-2, Ralukadevi, Nuwakot. His family depends on agriculture for the living.

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Kiran used to be a shy boy. According to his teacher, before becoming the Secretary of the Child Club, he never wanted to come and speak in front of his classmates. He used to hesitate to express his thoughts and never puts his opinion on any subject matter. He speaks only with his close fellow classmates. "I used to be an introvert person. I used to love to stay alone. I always felt discomfort whenever my teachers asked me to come in front of the classroom. I used to ignore things that put me in the center of attraction," says Kiran.

According to his teacher, Kiran is a good student and regular in school. Because of his good behavior, they suggest him as a Secretary of the child club. After his involvement in the Child Club, Kiran had the opportunities to involve in various activities and get trainings on Child Rights, Child Abuse, Child Protection etc. With his fellow child club members, he is too assigned to raise awareness on Child Sexual and Physical abuse through GTBT toolkits to other students. "At first I was so scared to come in front of my classmates. I felt nervous but being a member of the Child Club, I have to perform my duties. The trainings I have had from CarNetNepal boost up my confidence

and when I had my first GTBT show between my classmates, they appreciate my first attempt and that boost up my confidence even more. Then after I started to lose my fear to confront the mass."

In March, 2018 Kiran and his other fellow child club members are able to reach 204 students with the GTBT toolkit show. "After my involvement in the Child Club, the work and my responsibility there has made me to become outspoken and developed a friendly nature. Now I can't stand in one corner and supposed to work for my school and community. Slowly I am learning the nature of public speaking and building confidence to speak boldly. I aim to reach more and more students with the GTBT toolkit to raise awareness on child sexual and physical abuse in my community", says Kiran.

The transformation in Kiran from an introvert to extrovert person have taken as a positive impact of Child Club by his parents, teachers and his fellow classmates.

"Child Protection Code of Conduct

is the necessity of every Church to create a safe & friendly environment for Children" - Ps Rajan Gurung



Ps. Rajan Gurung

CarNetNepal believes in child friendly environment for children in home, school, Church, everywhere. Realizing the necessity and to promote 'Child Friendly Environment in the Churches of Nuwakot, In September, 2017, CarNetNepal has organized two days training on 'Child- Friendly Church' for the 20 Pastors and Leaders of Nuwakot. The training was facilitated by Rev. Dr. Dilip Chhetri in biblical perspective.

Ps. Rajan Gurung from Jyoti Nawajeevan Church- Suryagadi-4, Kanthum, Nuwakot is one of the trainee. After attending the training Ps. Gurung shared his learnings on Child Friendly Church to his fellow Church Leaders. "During the training we have not only learned about what the bible says about children but also our responsibility to protect them from any kind of situation that put them into risk. During the training we were also taught about developing Church own Child Protection Code of Conduct as a prevention from the possible unethical activities within Church. I called a leaders meeting in our church and shared the concept of Child Friendly Church. I approached to develop Jyoti Nawajeevan Church own Code of Conduct on Child Protection in the meeting."

At first, when the Church Leaders heard about the concept of developing Child Protection Code of Conduct to develop a Child Friendly environment in

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IMPACT STORIES

their Church, their response is not as positive as Ps. Gurung was expecting. They have the believe that the Church don't need such kind of things, as they are guided by the word of God and the believers can't involve themselves in such kind of heinous activities that made their children vulnerable. But after several attempts Ps. Gurung was able to convince his Church Leaders the fact that believers are not God, they are human and may trap in the web of evil. "Every seconds believers are tempted by the evil force, so for our own shield we need such things in our Church. There are so many new members or visitor come to the service every time and we can't guarantee that they are good and they are not. We should be careful enough to protect our children from any kind of abuse or risk." Says Ps. Gurung.

According to Ps. Gurung, Church is a more sensitive place among the other parts of their community because if any kind of abuse take place in church, then it not only damage the image of Church but also break it's harmonious relationship with other community people. Later in the leadership of Ps. Gurung, Jyoti Nawajeevan Church made their first Child Protection Conduct of Conduct for the Church congregation, Sunday school teacher and visitors and organized orientation program on it to the Church Congregation.

In partnership with CarNetNepal, Jyoti Nawajeevan Church is running Child Learning Center (CLC); after school program for the 20 poor children of Kanthum. "Our CLC children parent's used to hesitate to send their children in the CLC but after the development and implementation of Child Protection Code of Conduct, they are convinced that Church is a safe place for their children and feel comfortable to send their children in CLC classes." Says Ps. Rajan Gurung.



Child Protection Code of Conduct hanging in the wall of Jyoti Nawa jeevan Church service hall.

Hello and Welcome

OUR NEW STAFF



Raju K C
Social Mobilizer Nuwakot



Gita Rocka
Janitor, Head Office



Training & Development

February

11 women from Dupcheshowr Rural Municipality, Shikherbesi-7, Nuwakot are trained on Agricultural Farming/ JTA.

12 Community members (Female: 10 & Male: 2) of Dupcheshowr Rural Municipality, Shikherbesi-7, Nuwakot are trained on livestock farming/Veterinary.

16 members (Female: 8 & Male: 8) of Ralukadevi Child Club, Ralukadevi-2, Tadi Rural Municipality, Nuwakot are trained on Child Rights, Child Protection and the role and responsibilities of Child Club.

16 members (Female: 8 & Male: 8) of Ralukadevi Child Club, Ralukadevi-2, Tadi Rural Municipality, Nuwakot are trained on Child Physical & Sexual Abuse through Good Touch Bad Touch (GTBT) Awareness toolkit.

16 members (Female: 8 & Male: 8) of Ralukadevi Child Club, Ralukadevi-2, Tadi Rural Municipality, Nuwakot are trained on Child Trafficking through SANI Anti-Human Trafficking Awareness toolkit.

204 students (Girls: 104 & Boys: 100) of Shree Ralukadevi Secondary School, Ralukadevi-2, Nuwakot are trained on Child Sexual & Physical Abuse and Child Trafficking.

16 members (Girls: 10 & Boys: 5) of Kundala Child Club, Suryagadi-4, Darne, Nuwakot are trained on Child Physical & Sexual Abuse through Good Touch Bad Touch (GTBT) Awareness toolkit

March

37 Network Members from Kathmandu are trained on Child Protection.

WE LOVE
WE SERVE
WE CARE



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